

**Product of Australia**  
**100% Organic Magnesium**

**DOWNUNDER MAGNESIUM**

# Product Information





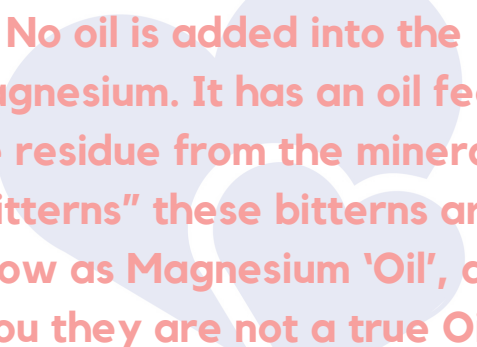
Our Pristine Magnesium is free from modern pollutants which ensures that our Magnesium stays true to its purity "Organic" with the input certified by the Biological Farmers of Australia.




We source our Magnesium products from a unique, Natural Salt Lake deep in the deserts of Western Australia.



1 spray of our Magnesium Oil is equivalent to 6 Magnesium tablets on a low dosage.  
(1005mg magnesium per tsp)



No oil is added into the magnesium. It has an oil feel like residue from the minerals "Bitterns" these bitterns are know as Magnesium 'Oil', all thou they are not a true Oil.



Non Sticky, Non Residue,  
No Sting, Odourless.  
Suitable for all Ages.





PURE ORGANIC

# MAGNESIUM OIL

*Soothe. Nourish. Relieve.*

MUSCLE CRAMPS, JOINT PAIN,  
STRESS, PAIN RELIEF, INSOMNIA,  
HEADACHES/MIGRAINES,  
GUT HEALTH, IMMUNITY.



I FEED MY SPIRIT. I TRAIN MY BODY.  
I FOCUS MY MIND. IT'S MY TIME.

50ml / 8.45 fl. oz e

[www.downundermagnesium.com](http://www.downundermagnesium.com)

Pure Magnesium Oil spray. Instantly ease pain and stress. Enhance immunity, gut health, sleep and energy. Organic. Australian made. 10 day money back guarantee.

## Magnesium Oil Spray 250ml (6 mths supply)

### Soothe. Nourish. Relieve

Our pure magnesium oil spray gives you instant relief from muscle pain and stress, while enhancing your immunity, gut health, sleep, energy and easing stress. A natural way to replenish your body, magnesium spray soothes within 30 seconds and begins working on a deep cellular level within two minutes.

From the salt lakes of Western Australia, our certified organic magnesium spray harnesses the pure healing of Mother Nature directly through your skin.

Relieve your aches, pains and stresses every day in the most natural way while nourishing your wellbeing with Downunder Magnesium spray.

### USE ME DAILY TO

- o Relieve stress, anxiety and fatigue
- o Strengthen immunity
- o Encourage restful, deep sleep
- o Ease neck, back and joint pain
- o Calm cramps and restless legs
- o Absorb calcium
- o Increase energy
- o Enhance gut health
- o Balance hormones and improve your mood
- o Combat headaches, migraines and pre-menstrual pain
- o Prepare your muscles for exercise
- o Recover from muscle pain after sport or injury
- o Fight sugar cravings

### ~ Routine Ritual ~

#### How to use me

Morning. 1-3 sprays on your neck, shoulders and lower back.

Night. 1-3 sprays on your lower back and legs before bed.

Before exercise. 1-3 sprays on your neck, shoulders, lower back and legs.

Massage gently into your skin and reflect on your affirmations.

### TAKE A MOMENT

AFFIRMATION I am uplifted. I am nourished. I am alive.

#### What's inside me

Organic magnesium chloride & Distilled water

#### I'm also...

Non-sticky. Non-gritty. Residue-free.

Non-toxic. Superior food grade quality. Made with love.

**TIP | Keep me next to your toothbrush. Spray me when you go out to face the world in the morning and before you snuggle down to sleep at night.**





Magnesium oil 1L + 2 FREE 60ml spray. Instant relief from pain, stress, anxiety.  
Improve energy, immunity & sleep. Organic. Australian made.

## Magnesium Oil 1L + 2 FREE 60ml spray bottle (2 yrs supply)

### Soothe. Nourish. Relieve. Supersize.

Boost your magnesium levels with our 1L magnesium oil. Perfect for those who use magnesium oil as a daily ritual, our 1L bottle has all the wellness superpower you need to live your best life. Instantly absorbed through your skin, it takes just two minutes to work at a cellular level.

Magnesium oil is Mother Nature's secret weapon to enrich your wellness and relive the stress of daily life. It's a versatile, natural, effortless way to ease many health problems and rebalance your body. Spray it on your skin daily or add 3-4 capfuls to a warm bath for a deeply relaxing way to nourish your body.

Our 1L magnesium oil bottle is a two year supply for use on all ages, including sporty kids, pregnant or breastfeeding mums and the elderly. With 2 free 60ml spray bottle included, it's an easy way to share the magic of magnesium with the whole family.

### USE ME DAILY TO

- o Relieve stress, anxiety and fatigue
- o Strengthen immunity
- o Encourage restful, deep sleep
- o Ease neck, back and joint pain
- o Calm cramps and restless legs
- o Absorb calcium
- o Increase energy
- o Enhance gut health
- o Balance hormones and improve your mood
- o Combat headaches, migraines and pre-menstrual pain
- o Prepare your muscles for exercise
- o Recover from muscle pain after sport or injury
- o Fight sugar cravings

### ~ Routine Ritual ~

#### How to use me

Pour 3-4 capfuls into a warm bath for a sensual way to unwind and ease stress.  
Decant into Downunder Magnesium spray bottle and spritz:  
Morning. 1-3 sprays on your neck, shoulders and lower back.  
Night. 1-3 sprays on your lower back and legs before bed.  
Before exercise. 1-3 sprays on your neck, shoulders, lower back and legs.  
Massage gently into your skin and reflect on your affirmations.

### TAKE A MOMENT

AFFIRMATION I am energised. I am nourished. I am one. I am calm.

#### What's inside me

- o Organic magnesium chloride & Distilled water

#### I'm also...

Non-sticky. Non-gritty. Residue-free.

Non-toxic. Superior food grade quality. A handy size to share. Made with love.







Magnesium roll on super stick. Eliminate scars, blemishes, acne, sunspots, skin tags, moles, ingrown hair, warts. Organic. Australian made.

## **Magnesium Super Stick (1 yr supply)**

### **Heal. Replenish. Restore.**

Enhance your skin's natural radiance with magnesium super stick. 10 x stronger than our magnesium oil this super stick naturally smooths your skin.

An essential part of your beauty ritual, our magnesium super stick on is highly concentrated to draw out impurities and soften imperfections. It is quickly absorbed, easy to use and will make your skin smile with Mother Nature's wellness.

#### **USE ME DAILY TO RESTORE YOUR SKIN FROM**

- o Scars
- o Sunspots
- o Acne
- o Skin tags
- o Moles
- o Ingrown hair
- o Warts
- o Blemishes
- o Pigmentation in stretch marks

#### **~ Routine Ritual ~**

##### **How to use me**

For best results, roll on the affected area 6-8 times a day for 2-3 weeks. Can be applied over make up. Massage gently into your skin and reflect on your affirmations.

#### **TAKE A MOMENT**

AFFIRMATION I am beautiful. I am enough. I am loved.

##### **What's inside me**

- o Organic magnesium chloride
- o Distilled water

##### **I'm also...**

Non-sticky. Non-gritty. Residue-free.

Non-toxic. Superior food grade quality. Made with love.

**TIP | Keep one in your car, sports bag and make up bag so you'll always have me when you need me.**



**PURE ORGANIC**

**MAGNESIUM FLAKES**

*Relax. Refresh. Renew.*

MUSCLE CRAMPS, JOINT PAIN, STRESS,  
PAIN RELIEF, INSOMNIA, HEADACHES,  
MIGRAINES, CUT HEALTH, IMMUNITY

*"I FEED MY SPIRIT. I TRAIN MY BODY.  
I FOCUS MY MIND. IT'S MY TIME."*

300g / 28.219 fl. oz e

[downundermagnesium.com](http://downundermagnesium.com)



**A GIFT TO REJUVENATE YOUR BODY, MIND, AND SPIRIT  
IN THE CALM EMBRACE OF A MAGNESIUM BATH.**

**USE ME:**  
As a whole-body gift. Ease muscle aches and stress, improve sleep, boost blood flow and immunity and replenish your spirit.

*Before commencing your  
Downunder Magnesium  
Morning and Night Rituals,  
we encourage you to take a  
moment to be present  
during that you're beautiful*

**HOW TO USE ME:**  
Sprinkle a handful into a hot bath or foot spa as the water fills. Add a tsp of coconut oil for extra bliss. Soak your body, enjoy a precious moment alone to nourish yourself from the inside out.

Repeat three times a week to maintain magnesium levels. Spray magnesium oil in the morning for maximum magnesium magic.

**WHAT'S INSIDE ME:**  
Organic Magnesium Chloride, Distilled Water.

*Take a Moment*  
**AFFIRMATION**  
I am balanced. I am calm.  
I am still.

[downundermagnesium.com](http://downundermagnesium.com)

  
**HAPPINESS  
GUARANTEED**

  
**100%  
RECYCLABLE**

  
**AUSTRALIAN  
MADE**

  
**VEGAN &  
CRUELTY-FREE**



Magnesium bath flakes rejuvenate and restore your body, mind and soul from stress, pain, poor sleep, joint pain. Organic. Australian made.

## Magnesium Bath Flakes

### Relax. Refresh. Renew.

Soak in the calm embrace of hot bath with our magnesium flakes. Release your worries and take a moment to rejuvenate your mind, body and soul with our nourishing magnesium bath salts.

Proven to quickly ease aching muscles and relieve stress, a magnesium bath is a sanctuary for your whole self. Unwind from the day's stress as the magnesium flakes stimulate your blood flow, ease pain and replenish your spirit. If you don't have time for a bath, our magnesium flakes are perfect for a luxurious foot soak.

Pure, powerful and natural, magnesium bath flakes make your bath a sacred experience to nourish your wellbeing from the inside out.

#### USE ME TO

- o Relieve stress, anxiety and fatigue
- o Encourage restful, deep sleep
- o Ease neck, back and joint pain
- o Calm cramps and restless legs
- o Strengthen immunity
- o Increase energy
- o Enhance gut health
- o Balance hormones and improve your mood
- o Boost adrenal glands
- o Combat headaches, migraines and pre-menstrual pain
- o Recover from muscle pain after sport or injury

#### ~ Routine Ritual ~

##### How to use me

Sprinkle a handful into a hot bath as the water fills. Soak your body, enjoy a precious moment alone and reflect on your affirmations.

#### HOW TO USE ME

Sprinkle a handful into a hot bath or foot spa as the water fills. Add a tsp of coconut oil for extra bliss. Soak your body, enjoy a precious moment alone to nourish yourself from the inside out and reflect on your affirmations.

Repeat three times a week to maintain magnesium levels. Spray magnesium oil in the morning for maximum magnesium magic.

For a nourishing foot soak, add a small handful of flakes as your foot spa fills with warm water.

#### TAKE A MOMENT

AFFIRMATION I am balanced. I am calm. I am still.

#### What's inside me

- o Organic magnesium chloride & Distilled water

#### I'm also...

Fragrance free. Non-toxic. Superior food grade quality. Made with love.

**TIP | Give yourself some body love by adding a teaspoon of pure coconut oil to your bath for a deliciously scented restorative skin soak.**





Magnesium Moisturiser restores your skin from fine lines, sunspots, pigmentation, blemishes, sun damage. Organic. Australian made.

## Magnesium Moisturiser Repair. Nourish. Restore

Enhance your skin's natural radiance with our magnesium moisturiser as I naturally smooth your skin. I can reduce the appearance of fine lines, pigmentation and sun spots, and relieve general skin conditions. An essential part of your beauty ritual, our magnesium moisturiser is perfect as a rich overnight facial repair treatment or to target general skin conditions. I'm easy to use and will make your skin smile with Mother Nature's wellness.

### USE ME DAILY TO RESTORE YOUR SKIN FROM

- o Fine lines
- o Sunspots
- o Pigmentation
- o Blemishes
- o Sun damage

### ~ Routine Ritual ~

#### How to use me

For best results, I work my magic while you sleep, so you will only need a pea sized amount of me before you go to bed. Apply me sparingly to your face, neck and décolletage and reflect on your affirmations.

### TAKE A MOMENT

AFFIRMATION I am beautiful. I am enough. I am loved.

### What's inside me

Organic magnesium chloride & Distilled water, Shea Butter, Coconut Oil, Jojoba Oil, Lemon Myrtle, Vitamin E

### I'm also...

Non-toxic . Superior food grade quality . Vegan . Made with love.



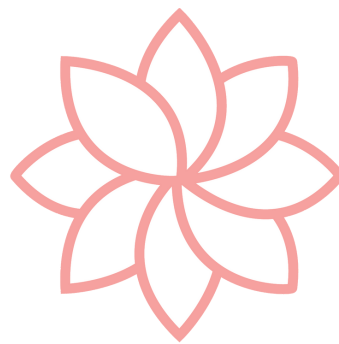
**AUSTRALIAN  
MADE**



**HAPPINESS  
GUARANTEED**



**100%  
RECYCLABLE**



**NO  
SYNTHETICS**



**100%  
PURE**



**VEGAN &  
CRUELTY-FREE**



# WHY DOWNUNDER MAGNESIUM

## AUSTRALIAN MADE

We source our Magnesium products from a unique, Natural Salt Lake deep in the deserts of Western Australia. Situated within a Salt Harvest Sanctuary.

## PURE NATURAL MAGNESIUM

The sanctuary is protected and our Pristine Magnesium is free from Modern Pollutants which ensures that our Magnesium stays true to its purity **"ORGANIC"** with the input certified by the Biological Farmers of Australia.

## THERE IS NO "OIL" ADDED

It's 100% Pure Magnesium. It's filtered with distilled water to keep its purity. No "OIL" is added into the Magnesium. It has an oil feel like residue from the minerals "Bitterns" these Bitterns are know as Magnesium 'Oil', all thou they are not a true Oil. It's a concentrated ionic Magnesium Solution.

## HIGHEST GRADE OF MAGNESIUM

1 spray of our Magnesium Oil is equivalent to 6 Magnesium tablets on a low dosage.  
(1005mg magnesium per tsp)



# FAQ

## WHAT IS MAGNESIUM OIL?

Magnesium oil facilitates transdermal delivery (through the skin) of magnesium chloride. It is well documented that most of the magnesium in oral capsule supplements is lost in the digestive system or eliminated by the body, not reaching the cells that need it. Our easy to use spray means that you can apply magnesium straight to tired muscles, sore joints or to your stomach for a sound sleep.

## CAN DOWNUNDER MAGNESIUM OIL BE USED AS A SELF CARE RITUAL?

Absolutely it Can! Selfcare and selflove are about making positive lasting change in our lives. Part of selfcare | selflove is making sure we talk to ourselves with positivity.

Before commencing your Downunder Magnesium Morning + Night Rituals, we encourage you to take a moment to be present, knowing that you are beautiful. Each bottle has a beautiful affirmation on it to help you ease it that moment. Here is a little teaser x

*"I have the power to create change  
I feed my spirit. I train my body. I focus my mind. It is my time"*

## CAN DOWNUNDER MAGNESIUM OIL BE USED THROUGHOUT PREGNANCY?

You absolutely can! There are no nasties in our products, it is all natural and is safe for you and your bub throughout pregnancy and post pregnancy. Not only will it help with the aches and pains our bodies experience during pregnancy, it will help with ensuring you get a good night sleep and can be applied directly to your sore areas (i.e.: lower back, sciatica or the dreaded calf cramps). Magnesium is an essential mineral to support the growth of a healthy bub and our need for this mineral increase when we are pregnant. As all pregnancies are different, we always recommend consulting your gp prior to using any supplements to ensure it is right for you.

## CAN I USE DOWNUNDER MAGNESIUM OIL ON MY CHILDREN?

Yes! All products are safe to use on your little ones, we recommend using from the age of 3 months and older. They are amazing as they will help them relax during the evening after a busy day and for those growing pains and general magnesium replenishment. We recommend diluting the formula with water slightly begin with (50:50) apply to their feet for around 2 weeks at this strength. You can then build up to a stronger formula and apply to their stomach and feet at night before bed.

## CAN I USE DOWNUNDER MAGNESIUM OIL ON MY PETS?

You absolutely can! Our animals are just like us.

# FAQ

## WHERE DO I APPLY DOWNUNDER MAGNESIUM OIL AND HOW MANY TIMES A DAY?

Morning. 1-3 sprays on your neck, shoulders, and lower back.

Night. 1-3 sprays on your lower back and legs before bed.

Before exercise. 1-3 sprays on your neck, shoulders, lower back, and legs.

Downunder Magnesium products are all natural and it is safe for you and bub throughout pregnancy and post pregnancy.

Apply magnesium oil directly to sore areas like your lower back or on your calves if you are experiencing cramps there and rub in. Apply 1-3 sprays on your feet and stomach at night for a restful night sleep!

We always recommend consulting your GP prior to using any supplements to ensure it is right for you during pregnancy

## WHY DOES MAGNESIUM OIL STING/TINGLE/ITCH WHEN I APPLY IT?

This can be a clear sign of magnesium deficiency; it could be sourced from overseas (different form of magnesium) or it could have something else added into.

You can dilute with water (60:40) or add me to some coconut oil to make this tingle a little less uncomfortable without missing out on the benefits.

## HOW IS MAGNESIUM OIL DIFFERENT TO POWDERS & PILLS?

Magnesium oil can be applied straight to the skin for optimal absorption, rather than relying on the (often malfunctioning) digestive tract like Powders and pills. By bypassing the digestive system, it goes straight into the bloodstream and is delivered to the cells that need it.

## WHO IS MAGNESIUM OIL DESIGNED FOR?

Everyone. Magnesium Oil will not only assist with the treatment of cramps, spasms, and aches, but deficiency has also been linked to decreased memory and learning ability. Increasing magnesium levels can improve cognitive function in children, the elderly and those experiencing high levels of stress - both emotionally and physically. Magnesium will assist athletic performance by reducing accumulation of lactic acid and reducing the perception of fatigue during strenuous exercise. Magnesium fights inflammation, raises antioxidant levels, and helps replenish energy stores in the muscle. It also calms the central nervous system, lowering heart rate and enabling restful sleep ... AMEN

## WHAT IS THE 'OIL' IN MAGNESIUM OIL?

We source our Magnesium products from a unique, Natural Salt Lake deep in the deserts of Western Australia. Our Pristine Magnesium is free from modern pollutants which ensures that our Magnesium stays true to its purity "Organic". No oil is added into the magnesium. It has an oil feel like residue from the minerals "Bitterns" these bitterns are known as Magnesium 'Oil', although, they are not a true Oil.

1 spray of our Magnesium Oil is equivalent to 6 Magnesium tablets on a low dosage. (1005mg magnesium per tsp) Can't get any PURER than that!!





# DOWNUNDER MAGNESIUM PRIVATE POLICY

All Information is for Educational Purpose and is private and confidential to Downunder Magnesium Only





## NATURAL PAIN RELIEF

### **DO YOU SUFFER FROM**

CRAMPS

RESTLESS LEGS

FATIGUE

STRESS

NECK / BACK PAIN

JOINT PAIN

MUSCLE PAIN

HEADACHES

MIGRAINES

INSOMNIA

HIGH / LOW  
BLOOD PRESSURE

INFLAMMATION



## NATURAL PAIN RELIEF

100% AUSTRALIAN  
NATURAL MAGNESIUM

### DO YOU SUFFER FROM

CRAMPS  
RESTLESS LEGS  
FATIGUE  
STRESS  
NECK / BACK PAIN  
JOINT PAIN  
MUSCLE PAIN  
HEADACHES  
MIGRAINES  
INSOMNIA  
HIGH / LOW  
BLOOD PRESSURE  
INFLAMMATION



6 months  
supply

filtered in  
distilled water

1 spray =  
6 low dosage  
mag tablets

suitable for  
all ages



AUSTRALIAN  
MADE



100%  
PURE



NO  
SYNTHETICS



VEGAN &  
CRUELTY - FREE



HAPPINESS  
GUARANTEED



100%  
RECYCLABLE